

Dear Friends,

It's been a tough start to the year for so many but with spring in the air we are looking forward to serving our community with solutions for optimum dental health.

Oral Cancer Screenings

Every year 34,000 Americans are diagnosed with oral cancer. In five years, only about half of those diagnosed will be alive. We're working to change that.

Bring Your Family & Friends for a Free Oral Cancer Screening

When: Saturday March 14th
12PM-3PM

Where: Energia Body Centre
Del Monte Shopping Center

Free
ORAL CANCER
Screening

Each time you visit our practice for your annual dental exam, we provide you with a complimentary oral cancer screening. An oral cancer screening takes less than 5 minutes. It is quick, easy and painless. If it's been a while since you have come to see us, or you have a friend who should be screened, please stop by this Saturday, or call our office to schedule a visit.

It's Easy, Being Green

Our practice is making an effort to become more environmentally friendly. To keep you and our earth healthy, we have taken the following steps.

- 🌱 Purchased a new, digital x-ray machine, reducing your exposure to radiation by over 90% and limiting harmful waste
- 🌱 Signed up hundreds of patients for email appointment reminders to save paper
- 🌱 Installed sustainably harvested wood flooring in our reception area

These steps combined with little practices like turning out lights when not in use and purchasing recycled paper for our office printers makes a difference.

You Can Help the Earth Too!

As we head toward Earth Day on April 22nd, we are asking every one to be mindful and turn off the water while brushing their teeth. You could save 8 gallons a day by just making this a habit.

Smiles For Life

It's that time of year again. We're raising money for children in need. Smiles for Life is a charitable campaign to help children and brighten your smile. This year, our practice is offering all patients 50% off custom, take-home whitening kits until June 15. The proceeds raised are equally divided between Dance Kids of Monterey County and the Garth Brooks Teammates for Kids Foundation.

We wish you a healthy and prosperous spring.

Warmest Regards,

Jeanette Kern DDS

